



Seagull Childcare

Shaldon, South Devon

HEALTH AND HYGIENE POLICY

As a registered childminder I will ensure that the setting is clean and that hygiene procedures are in place and strictly adhered to.

I will ensure that all surfaces, equipment, toys and utensils are kept clean and any damaged items are kept out of reach they have been repaired or replaced.

I will ensure that all meals and snacks provided are nutritious and washed, prepared and stored correctly.

I will ensure that all matters of personal hygiene are attended to in the appropriate manner.

Children will be encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks. I will assist the children in hand washing, ensuring that they are washing and drying them correctly.

I will provide a clean towel in the bathroom each day, however if a child is poorly I will provide them with their own towel as a precaution.

I will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. I will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. I will also encourage them to put their hand over their mouths when they cough.

I will disinfect my changing mat between children.

I will follow strict hygiene routines in my kitchen, ensuring that hands are always washed before the preparation of food, the fridge is kept at the correct temperature and that food is stored correctly.

I ensure that the children do not have access to any waste, the bins are emptied daily and any used nappies are double wrapped and placed in the outdoor rubbish bin.

All household cleaning materials are kept safely out of reach

To prevent accidents and promote good health, I will:

- Not allow smoking in the house
- Ask parents to keep their children away if they are ill or have an infection
- Ensure my First Aid equipment is kept clean, current and replenished, with sterile items kept sealed in their packages until needed.
- Ensure my First Aid Certificate is kept up-to-date
- Record any incidents or accidents, pre-existing injuries and details of any medication